

SEDER RECHARGE!

Pre-Seder

קִדְשׁ

וְרַחֵץ

כַּרְפֵּס

יַחַץ

מִגִּיד

רְחֹצָה

מוֹצֵיא

מִצָּה

מְרוֹר

כוֹרֵךְ

שְׁלַחַן עוֹרֵךְ

צָפוֹן

בְּרֵךְ

הֵלֵל

נִרְצָה

1. PREPARE:

Practice makes perfect--don't try to wing it--have a plan!

Give Homework

Assign participants parts to lead for the Seder (encourage them to be as creative as possible).

Use multiple Haggadot or create your own at HAGGADOT.COM.

Assign or create supplemental readings and artwork.

2. SET THE SCENE--SEDER ARE MULTISENSORY, INTERACTIVE EXPERIENCES

Decorate your table with props, plagues, backpacks, pictures, pyramids, dress up clothing, puppets etc.

White table cloth with Seder decorations.

Build a tent!

Set up the first part of your Seder (up until rahzah) in a living room or a place with sofas and pillows

3. CREATE EXPECTATIONS (RULES) FOR THE SEDER

Give everyone a tour--even people who have attended your Seder in the past.

4. NO KIDS TABLE, UNLESS EVERYONE IS AT THE KIDS TABLE!

5. THINK THEMES:

Fun themes--movies/food

Serious themes--social justice

Foodie--have foods that represent the themes of Passover in creative ways.

6. KNOW YOUR TARGET AUDIENCE:

Ask children to prepare parts of the Seder so they have a role.

7. CREATE INSTANT HEIRLOOMS / USE FAMILY HEIRLOOMS:

Explain and highlight the pieces on the Seder table.

Scrapbooks, blessings for family members, picture albums, posters, cartoons

8. REMEMBER--IT IS QUALITY NOT QUANTITY THAT COUNTS:

Sedarim need to be informative, engaging and FUN!

9. PROVIDE TOOLS FOR PARTICIPANTS:

Tracker/order of the Seder

Games

10. USE TECHNOLOGY--THERE IS AN APP FOR THAT

G-DCAST.COM BEHRMANHOUSE.COM

בְּכָל־דּוֹר וְדוֹר תִּיב אָדָם לִרְאוֹת אֶת־עֲצָמוֹ כְּאִלּוּ הוּא יָצָא מִמִּצְרַיִם

EVERY GENERATION IS OBLIGATED TO SEE ITSELF AS IF THEY HAD PERSONALLY COME OUT OF EGYPT...

MORE ACTIVITIES & WAYS TO DO A SEDER RECHARGE:

GAMES AND ACTIVITIES:

- Puppets and a puppet show
- Finger puppets for smaller participants
- Passover Bingo
- Passover placemats with stickers or pictures
- Stickers to add to a Haggadah
- Question cards for each section of the Seder
- Matching games for Seder ritual items
- Seder pointing stick
- 10 Plagues relay race
- Headbands
- Madlibs
- Jump the Red Sea
- Kids songs / challenge participants to create "spoof" songs
- Scavenger hunt for afikomen
- Invite people to bring their own plague decoration
- Bring your own pillow/make Passover pillow
- Place cards that children create
- Jeopardy
- Bingo
- Pictionary
- Dress up as the Passover characters or plagues
- Eye Spy
- 20 Questions
- Bracelet Game
- Sea to See
- UnSeder
- 4's Game
- Refrigerator poetry
- # Challenge
- Tweet it!
- Rhyming challenge
- Word Wrump (don't be the last word in a sentence).
- _____

OTHER SUGGESTIONS

- Sit on the floor or in another area not at the table for at least the first part of the Seder.
- Dress up in ancient dress.
- Act out some scenes.
- Decorate the table with props (frogs and other plagues, whips, sand, pyramids, etc.).
- Build a tent over your table.
- Cut out the veggies into springtime shapes such as flowers, bugs, springs and other creative images.
- Chocolate frogs
- Using Scallions for dayenu.
- Sign in sheet to keep memory of who comes each year
- Matzah gingerbread house
- Print supplemental readings.
- Use many different Haggadot at the Seder.
- Create your own Haggadah at Haggadot.com.
- Print artwork/decorate the seder table with children's artwork (both current and from previous years)
- Create or use newspaper clippings/articles.
- Conduct with pointing stick.
- Scroll with pictures of the story of Passover
- Make a mosaic with squares of paper.
- Create a puzzle for the Exodus
- Create new 4 questions
- 4 Questions in different languages
- _____
- _____
- _____

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(Blessing Over The Wine) Kadesh קַדֵּשׁ

THEMES:

Freedom, hope, Chosen People, the Exodus from Egypt, partnership with God

Pre-Seder

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נְרַצָּה

ENGAGING SEDER PARTICIPANTS:

- Ask older children to pour for the table. Pouring drinks for someone else is a sign of freedom.
- Use acrylic goblets for kids so they can have “real” kiddush cups, too.
- Create grape pyramids with kids with toothpicks and grapes.
- Have a choice of different grape juices and sparkling grape juice.
 - Play games with 4’s
 - Buzz
 - 4up
 - Things that come in 4
 - 4 square
 - Matching game with 4s
 - Number challenge game
- Create a Miriam’s cup in addition to a cup for Elijah.

Spill! (it breaks the tension)

Have a debate about:

- “Modern” ways to remember the Exodus from Egypt
- Ways to celebrate our freedom as Jews
- What does it mean to be the chosen people
- Why should we celebrate our freedom from Egypt every year?

Use a juicer to make grape juice before the Seder and then serve it to the children

BACKGROUND:

Ritual associated with Kiddush:

There are 4 cups of wine--we say the blessing בּוֹרֵא פְּרִי הַגָּפֶן boreh p’ri hagafen over each cup (with other additional blessings).

- The blessing over the wine is one way the rabbis used to break up the Seder.

We drink the cups of wine at:

1. Beginning of the Seder
2. After the conclusion of telling the main part of the Passover Story (after the plagues and describing the parts of the Seder plate)
3. After Birkat Hamazon (grace after meals)
4. Right before the conclusion of the Seder

Why four cups?

- Four is a common number in Judaism--
 - 4 tzitzit, 4 Corners of the earth, 4 Matriarchs, 4 Seasons

Pesah symbolism

- 4 generations Israel was enslaved in Egypt
- 4 Rulings of the Pharaoh that enslaved the Israelites
- 4 Basic values the Israelites never gave up while in captivity:
 - Hebrew name, Hebrew language, Kept traditions and laws, Did not take on other gods
- 400 years of slavery
- 4 ways God promised to save the people from the Egyptians (Exodus 6:6-7)
 - I will bring you out, I will deliver you, I will redeem you,
 - I will take you to be my people

(Vegetable for dipping) Karpas כַּרְפַּס

THEMES OF KARPAS:

Spring, royalty, freedom, questioning, oppression, creation

SOME (OF THE MANY) REASONS FOR KARPAS:

- Modeled after Greek meals which began with Kapos--crudite or hors d'oeuvre before a great meal. These hors d'oeuvres were marinated in salt water.
- Symbolic of the sacrificial lamb blood that was dipped and then spread on the door posts of the Israelites
- Representative of Spring. One of the names for Pesah is Hag Ha'Aviv--the Spring Holiday
- Reminder of the dipping of Joseph's Coat of Many Colors into blood by his brothers
- The Seder is very long, and if we got too hungry we would not be interested in hearing the Seder.
- The ritual of karpas is bizarre--it is intended to spark the curiosity of the children so that they will question this act and everything throughout the Seder. (Usually we begin a meal with bread).

ENGAGING SEDER PARTICIPANTS:

- Have vegetable hors d'oeuvres throughout the Seder and meal with different vegetables and dips.
 - Carrots to artichokes, pickles to jicama and more! Pick unusual vegetables and common vegetables and make platters for your table.
 - This is also a great time to start a theme for the food. For example: if the theme you choose is springtime, use a small cookie cutter to make flower cut outs of daikon radish, carrots and other vegetables.
 - You can also begin a theme with the dips.
- Make sure all participants of your Seder know their mission--they have to challenge every part of the Seder and ask questions and come up with some of their own answers too!

ACTIVITIES:

- Discussion--why are the same questions asked at the Seder every year?
- Go around the Seder and think of one new question you would like to have answered before the end of the Seder.
- What are new questions to be asked this year based off of family events or current events?
- Have a debate--which item do you think should begin the Seder?

OTHER INFORMATION:

To Dip or Not to Dip:

- There are many traditions for dipping the Karpas into something else before eating it:
- Yemenites and other Oriental traditions follow Maimonides who said that we should only dip into one item at the Seder, therefore we should dip the karpas into the haroset. (Rashi and other famous rabbis did this, as well)
- The Shulhan Arukh, a primary source for Ashkenazi rituals, suggests dipping the karpas into saltwater.
- The 20th century author Rokeah dipped his karpas into wine to celebrate the coming of Spring and our freedom.

"Only people who are bothered enough to question will be curious enough to want to know the answer."

Ktar Sofer

Pre-Seder

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כַּרְפַּס

יַחֲצֵץ

מִנְיַד

רְחֹצֵה

מוֹצִיא

מַצָּה

מְרֹר

כּוֹרֵךְ

שְׁלַחן עֹרֵךְ

צָפוֹן

בְּרֵךְ

הִלֵּל

נִרְצָה

מוציא מצה Motzi Matzah (Eating Matzah)

THEMES:

Poverty and hunger, freedom

ENGAGING SEDER PARTICIPANTS:

Word association games:

Freedom is like

Hunger is like

Speed games

Matzah is made traditionally in less than 18 minutes to represent the pace the Israelites had to leave Egypt. Try to answer questions / challenges in 18 seconds

Have timed competitions to complete certain tasks (building, team challenges etc)

BACKGROUND:

The commandment to eat Matzah on Passover applies to all Jews—rich or poor. Unlike some other commandments where people can claim hardship and inability to complete the mitzvah, eating matzah is mandatory for everyone (unless an allergy or other medical issue exists.) "All of us are equal. Though you are poor, you will not feel estranged at my table for all of us were impoverished in Egyptian bondage." Rabbi Don Isaac Abrabanel (1492) "All those who are hungry, come and eat!" Rav Huna (Mishna). Every Jew has a responsibility to ensure (to the best of their ability) that every Jew eats matzah on Pesach. The rabbis recognized that the telling of the story of the exodus is important; however, also important is Am Yisrael's responsibility for one another.

CREATE YOUR OWN MATZAH!

Oven: Put the oven through a full self-cleaning cycle to make it kosher for Passover.

Ingredients needed:

- 1) cold water from the faucet
- 2) special flour called kemakh shel matzah shemura (flour watched from the moment of harvest to the moment of packing to make sure it has not come into contact with any moisture).

Utensils needed:

- 1) measuring cups
- 2) large bowl for dough
- 3) roll of paper
- 4) rolling pin
- 5) tool for making holes in the dough
- 6) peel - flat metal plate with a handle for taking the matzah out of the oven (optional).
- 7) new baking tray

Set oven on highest temperature setting.

Place clean paper on work surface and prepare utensils.

At this point, the clock starts to tick. There must be no more than 18 minutes from the time the water is mixed with the flour until the time the matzah has been completely baked in the oven.

Depending on how many matzot you want, measure 1 part water and 3 parts flour.

Quickly mix and knead into a firm ball of 1-2 inches.

Roll out dough as thin as possible.

Poke holes in the dough.

Check to make sure no more than 15 minutes passed since the flour and water were mixed. Put matzah onto baking sheet in the hot oven.

Bake 2-3 minutes until done.

Put clean paper on the work surface, and repeat process.

Pre-Seder

קדש

ורחץ

כרפס

יחץ

מגיד

רחצה

מוציא

מצה

מרור

פורך

שלחן עורך

צפון

כרך

הלל

נרצה

SEDER QUICK LIST OF IDEAS FOR KIDS (A FEW IDEAS FOR EACH OF THE 15 STEPS OF THE SEDER)

Pre-Seder

קִדְּשׁ

PRE-SEDER: Have children create placecards, decorations and a timeline (tracker) for the Seder. At the Seder give them the job to keep track of the steps of the Seder.

וּרְחַץ

1. KADESH: Distribute silly straws for the grape juice (give each child four--one for each cup).

כַּרְפָּס

2. URHATZ: Give out water toys, spray bottles,. Prepare a handwashing station and have the children be the designated washers for other guests.

יַחַץ

3. KARPAS: Make the saltwater at the table--use kosher salt or rock salt so children can watch the salt dissolve. Have a plate of different vegetables that are grown in the ground--have everyone choose a vegetable that best describes Passover (and then explain why).

מַגִּיד

4. YAHAZT: Have the children break the matzah--have a discussion about why the larger piece is put away for the Afikoman.

רַחֲצָה

5. MAGGID: Tell the story of Passover through skits, dress up, etc., Set up different stations in your house to tell different parts of the story.

מוֹצִיא

6. RAHTZA: Before the Seder have children decorate the handwashing cup or a towel

מַצָּה

7.-8 MOTZI MATZAH: Have different types of matzah at the Seder (matzah can be made from barley, oats, spelt wheat and rye)--have a survey as to which one tastes the best.

מָרֹר

9. MAROR: Talk about things that are bitter in the world. Ask the children to share something "bitter" they would like to fix in the world.

כוֹרֵךְ

10. KOREKH: Have the children share one thing they have learned this year from a teacher.

שְׁלַחן

11. SHULHAN OREKH: Children can make menus before the Seder. When it is time for the meal, the children can announce what will be served.

עוֹרֵךְ

12. TZAFUN: Have the children hide the Afikoman and play "hot and cold" with the parents to find the matzah.

צַפּוֹן

13. BAREKH: Have the children say something they are thankful for.

בָּרַךְ

14. HALLEL: If appropriate at your Seder, give out shakers and other instruments for children to play while Hallel is being sung.

הִלַּל

15. NIRTZA: Have the children walk around with Elijah's Cup -- have everyone at the Seder pour a little of their wine or grape juice into the cup. Children can also go with the parents to the front door to welcome in Elijah together.

נִרְצָה

SUGGESTIONS FOR MORE INFORMATION:

TBSONLINE.ORG

MYJEWISHLEARNING.COM

JTSA.EDU

USCJ.ORG

JGATEWAYS.ORG

REFORMJUDAISM.ORG

BELIEFNET.COM

WWW.RAC.ORG

KVELLER.COM

HAGGADOT

A DIFFERENT NIGHT FAMILY HAGGADAH Hartman
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A DIFFERENT NIGHT, THE FAMILY PARTICIPATION
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A FAMILY HAGGADAH II Shoshana Silberman

A NIGHT TO REMEMBER Mishael Zion, Noam Zion

A PASSOVER HAGGADAH: CCAR

CARLEBACH HAGGADAH: SEDER NIGHT with Reb
Shlomo

FAMILY HAGGADAH: Kar-Ben Publishing

GATES OF FREEDOM: A PASSOVER

HAGGADAH Behrman House Publishing

GATEWAYS HAGGADAH: A SEDER FOR THE WHOLE FAMILY
Rebecca Redner

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